

Caring For the Sick Holistically
4, 11, 18 & 25 June 2022 (4 Sat, 10.30 am – 12.30 pm)
Onsite @ Multi-Purpose Hall
Mrs. Rosalind Chen
Register @ <https://forms.office.com/r/VshhT0d50y>

We are called to be messengers of God's love, peace and hope. Hence, we cannot be indifferent to those who are hurting or unwell, especially, if they are our loved ones or friends. Our response or lack of response to their struggle says much about us, our sincerity, our faith and the God we worship.

However, we are often at a loss as to what to do and say and where to start. What type of support are we to give? How do we help the sick come to grips with his / her illness? How can we share God's comfort and hope and encourage the sick to rise above the mountain of problems? The course will look at:

- The holistic approach to care-giving.
- Boundaries to observe in order to be effective.
- Discerning symptoms of grief and facilitating release of negative emotions.
- Helping the Sick to Live Purposefully.
- Building Hope & Faith.

About the Speaker

Rosalind is a cancer survivor; she has fought 2 types of cancer and the side effects of its treatment in the last 35 years. She has also come alongside others who are terminally ill to encourage them to live well in spite of their illness. When she was doing her theological studies in Regent College, Canada, she wrote a paper on "Helping the Sick on the Road to Recovery."

(Check with Pauline Oi <pauline@chs.org.sg for more info.)